## LIVING WELL WITH MESOTHELIOMA PATIENTS & CARERS SUPPORT GROUP

JOIN US ON THURSDAY 19/09/24 11.00 AM TO 2.00 PM AT MAVSG

108 Century Building, Tower St Brunswick Business Park Liverpool L3 4BJ

IF YOU WOULD LIKE TO ATTEND PLEASE CONTACT MAVS e karen@mavsg.org t 0151 236 1895



## Thursday 19th September 2024

Living Well - September Gathering

September's Living Well will be a visit to the high-tech Farm Urban Ltd, using a new approach called vertical farming as a method to grow food right in the heart of Liverpool. The day will include a tour of the facilities, explanation of the technology itself and the social commitment Farm Urban has had over the past 10 years in the city and beyond.

As Farm Urban is also located at Century Building; the usual catch up over tea and biscuits will still take place at our offices. We hope you can join us.





These gatherings which we hold throughout the year provide an opportunity to meet others, have a chat, get advice from MAVS, visiting health care professionals or a solicitor in a comfortable setting.

Our Living Well get-togethers are free of charge and refreshments are provided. Please confirm if you would like to attend. For contact details please see overleaf.