

DATE	EVENT
15/08/2022	<i>Living Well at Maggie's - 'Common symptoms: Control and management with Macmillan Pleural Specialist Nurse Ellie Fleming</i>
05/09/2022	<i>Members Meeting & AGM at MAVS 11.00 - 13.00</i>
10/09/2022	<i>Tough Mudder - Sponsor one of our wonderful contestants to help us raise funds for MAVS Cholmondeley Castle Gardens, Malpas</i>
15/10/2022	<i>Autumn Gala Dinner Fundraiser at St Helens Rugby Club £35/person</i>
18/10/2022	<i>A Special Living Well Event and Buffet Lunch, beginning at 11am, and split into three 45 minute sections. Subjects covered will include:</i> <i>"Taking an active role in your care / the care of a loved one" with Alison Germain-Martin & Alison Gallie-Daly - LUHFT Patient Engagement Service.</i> <i>Linda McCartney Wellbeing Services with Sandra Metcalfe.</i> <i>"Being Mindful Together" with Dr Jeff Morgan.</i>
24/10/2022	<i>Living On at MAVS - Coffee and Cake Morning 11.00 - 13.00</i>
21/11/2022	<i>Living Well at Marie Curie Liverpool - Day out and sample session of activities offered at Marie Curie with Dr. Laura Chapman</i>
TBC	<i>Christmas Social Event</i>

LIVING WELL WITH MESOTHELIOMA PATIENTS & CARERS SUPPORT GROUP

JOIN US EVERY MONTH
FROM 11.00 AM TO 1.00 PM AT
MAVSG

108 Century Building Tower Street
Brunswick Business Park
Liverpool, L3 4BJ

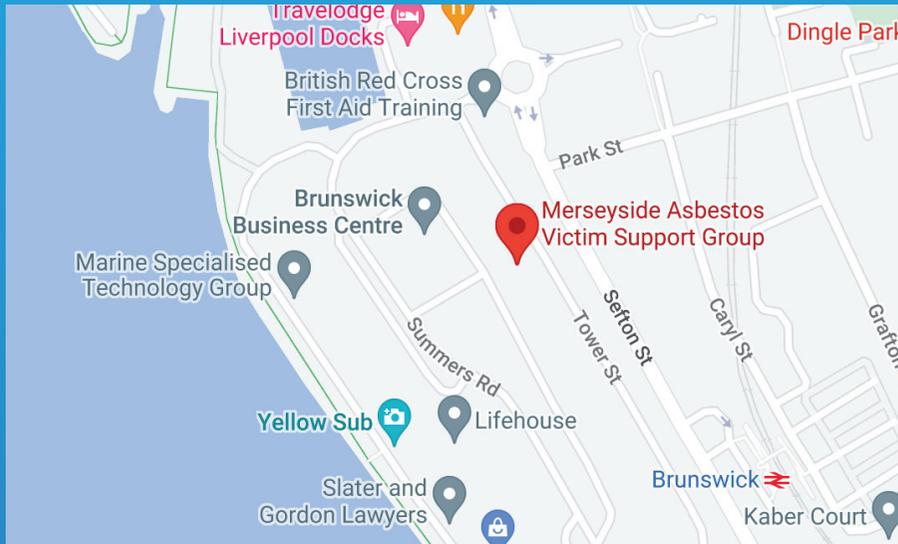
IF YOU WOULD LIKE TO ATTEND PLEASE CONTACT MAVS ON
0151 236 1895



Nothing to lose but everything to gain

Patient and Carer Support Group

We have set up a support group for those with Mesothelioma, their family and friends.



The get-togethers provide an opportunity to meet others, have a chat, get advice from MAVS, visiting health care professionals or a solicitor in a comfortable setting.

Some sessions will offer the chance to try complementary therapies and learn techniques to help you cope with any symptoms or side effects.

Our Living Well get togethers are free of charge and refreshments are provided.

If you would like to attend call;

0151 236 1895

15th August 2022

Maggies Centre, Clatterbridge, Wirral

“Common Symptoms: Control and Management” with Ellie Fleming (Macmillan Pleural Specialist Nurse, Arrowe Park Hospital)

18th October 2022

MAVS, 108 Century Building, L3 4BJ

A Special Living Well Event and Buffet Lunch.

Beginning at 11am, this meeting will be packed with useful information for those affected by Mesothelioma. Consisting of three 45 minute sessions, with a break for refreshments between each and concluding with a Buffet Lunch.

Subjects covered will include:

“Taking an active role in your care / the care of a loved one” with Alison Germain-Martin & Alison Gallie-Daly - LUHFT Patient Engagement Service.

Linda McCartney Wellbeing Services with Sandra Metcalfe.

“Being Mindful Together” with Dr Jeff Morgan.

21st November 2022

Marie Curie Liverpool, Speke Rd, Liverpool L25 8QA

Day out and sample session of activities offered at Marie Curie with Dr. Laura Chapman.